

Leadership Coaching for Organizational Performance (LCOP)



Leadership Coaching for Organizational Performance (LCOP) is a 132-hour International Coaching Federation (ICF)-certified Accredited Coach Training Program (ACTP) delivered through a partnership with Heidrick & Struggles, a worldwide leadership advisory firm. This highly-participatory and interactive program, offered over five months, is completed in sequence and as a cohort. In addition to 12 full days of instruction, your learning will be supplemented by weekly telephone conference calls, assigned readings, journaling and coaching practice. You will receive individual feedback from ICF-certified coaches to help you improve and further develop your coaching skills.

Why Earn Your LCOP Certificate at NC State

- 132-hour International Coach Federation (ICF)-certified Accredited Coach Training Program (ACTP)
- Robust instruction in all of the ICF Core competencies
- Intended for those seeking to become an external executive coach, an internal coach, or a leader who wants to set him or herself apart by consistently bringing out the best in employees
- Designed to develop coaching skills and provide you with a significant opportunity to put your newfound skills into meaningful practice and apply them in an organizational setting
- Upon completion of the program, you are awarded a Certificate of Completion and meet the academic requirements for one of two ICF certifications: Associate Certified Coach (ACC) and Professional Certified Coach (PCC)

For more information, including upcoming informational webinars, visit the LCOP website at leadershipcoaching.coned.ncsu.edu or contact the Office of Professional Development at 919.515.2261 or ContinuingEducation@ncsu.edu

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ICF-Certification

The International Coaching Federation (ICF) is the largest accrediting body for institutional executive coaching programs; they require coach training programs to go through a rigorous application and accreditation process, resulting in programs that are recognized throughout the coaching industry as well as by those who hire coaches. Increasingly, individuals and companies that hire executive coaches are requiring that they have graduated from an ICF-certified program and have obtained an additional individual credential by the ICF.

Upon successful completion of LCOP, you are eligible to apply for two ICF credentials:

1. Associate Certified Coach (ACC)
You are eligible to apply for your ACC after completing 100 hours (75 paid) of coaching experience with at least 8 clients following the start of your coach-specific training.
2. Professional Certified Coach (PCC)
You are eligible to apply for your PCC after completing 500 hours (450 paid) of coaching experience with at least 25 clients following the start of your coach-specific training.

Curriculum

Over the course of the program, you will progress through five learning concepts:

1. Leadership Coaching Foundations
2. Creating Awareness
3. Language and Emotion
4. Performance and Change
5. The Process and Business of Coaching

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