**APPENDIX J**

**McKimmon Center for Extension & Continuing Education**

**CONTENT & INSTRUCTIONAL METHODS**

**DESIGN DOCUMENT**

**Utilize this document to show the relationship between identified needs, learning outcomes, types of instruction and assessment methods.**

**COURSE NAME/NUMBER:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Unit/Lesson Name** | **Time Allotted** | **Content Description and/or Purpose** | **List Learning Outcomes** | **Method Used (Demonstrate Accommodation of Different Learning Styles)** | **Assessment Method** | **Instructional Materials Used** | **Comments/Notes** |
| Example Lesson 1 | .50 | To discuss obesity & health related concerns | 1.Participants will have learned how to identify the 3 primary determinates of obesity.  2.Students will be able to identify & explain 3 secondary health concerns related to obesity. | Lecture  Group Discussion, etc. | Written Exam  Participant end of course evaluation  Follow-up survey | PowerPoint presentation  Required text reading: Chapter 1  Handouts | Inform learners of required text reading in class. Registration confirmation email. |
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